





## A happier, healthier life starts here.

The Commonwealth of Virginia is committed to helping you, and your eligible spouse/dependent (s) reach your wellness goals—to lose weight, eat healthier, move more, develop a more positive mindset, or all the above—by offering discounted pricing and 50% subsidy\* on the WW offerings listed below. Join WW, and you'll get access to lots of exciting features, including exclusive mindset content through Headspace®, and incredible products and experiences through our rewards program, WellnessWins™. WW welcomes everyone who seeks to be healthier, not just manage their weight.

## There has never been a better time to join WW!

Choose the plan that's right for you. Plans include the following features:	Digital	Digital + Workshops (formerly meetings)
Easy-to-use app and website Track your food, activity, and weight any time with our digital tools.	*	*
Endless food options With our database of 4,000+ delicious recipes, you'll eat what you love and lose weight.	*	*
<b>Total support in real time</b> Get help and answers from a WW Coach 24 hours a day, seven days a week in 24/7 Expert Chat.	*	*
Connect with our online community, day or night, for inspiration and motivation.	*	*
<b>Inspiration and connection</b> Share your journey with a group of fellow members through weekly in-person Wellness Workshops (where available).		*
Food plan Tailored to individual needs		*
Special Monthly pricing	\$16.96**	\$38.22**
The Commonwealth of Virginia contribution per month	50%	
Your price per month	\$8.48*	\$19.11*

Plans automatically renew monthly. See below for details.

\*The Commonwealth of Virginia employees enrolled in a state health plan are eligible for WW discounted pricing and 50% subsidy and can sign up for WW at wellness.weightwatchers.com with Employer ID: 63569 State plans include COVA Care, COVA HealthAware, COVA HDHP and Kaiser Permanente HMO.

\*\*The Commonwealth of Virginia employees not enrolled in a state health plan, spouses, and adult dependents are eligible for WW discounted pricing only and can sign up for WW at wellness.weightwatchers.com with Employer ID: 15269416

For questions or assistance registering, please call the WW Wellness Hotline at 866-204-2885 Tax additional in AK, CT, HI, SD, and WV.

Digital membership plan: Pay \$8.48 or \$16.96 today for your first month. Plan automatically renews monthly thereafter at \$8.48 or \$16.96 until you cancel or until your employment with The Commonwealth of Virginia terminates

Digital + Workshops membership plan: Pay \$19.11 or \$38.22 today for your first month. Plan automatically renews monthly thereafter at \$19.11 or \$38.22 until you cancel or until your employment with The Commonwealth of Virginia terminates. Sold in participating areas only; may not be accepted for local workshops and/or Workshops in the workplace in all areas. Minimum enrollment and participation required to start and maintain Workshops in the workplace.